



HEALTHY GLO SPRAY TANNING

Before the Tan...

Thoroughly exfoliate all areas of your body to remove the dead layer of skin. With a good exfoliation, you will ensure that your tan last as long as possible.

The day of your tan do not to apply any lotion, oils or perfumes, as they will reduce your skin's ability to absorb the tanning solution. Also, make sure that all make-up is removed before your tanning session. We recommend that you shave the day before you tan as well. You'll need to remove any jewelry before you tan.

It's important to bring loose fitting clothes to wear after you tan. Tight clothes have a tendency to rub the solution off of your skin and onto your clothes leaving a spotty tan.

After the Tan...

Wear loose fitting clothes for at least six hours. Do not shower, work out, apply oils or lotions, or do any activity that would cause you to sweat for the same period of time. This allows the solution adequate time to interact with the amino acids in the top layers of your skin.

When shaving, be sure to use a clean, sharp razor. Using a hair conditioner will help the razor glide. A dull razor scrapes off more skin and tan. Long, hot baths, hot tubs, chlorine, excessive sweating and salt water can affect the tan on some people. Using a sun block that is water resistant will help. Pat dry after a shower or bath -- do not rub.

Moisturize, moisturize, moisturize! Hydrated skin will extend the life of your sunless tan.